

# CHRISTINE DEJULIIS

PEER SPECIALIST – TEACHING ARTIST – CREATIVITY COACH

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My passions in life are recovery and wellness, art and creativity, and being of service by using my gifts and talents to positively impact my community and help those in need.

## EXPERIENCE

### LIFE CALLING

#### ARTIST, SOLOPRENEUR

I have been on a creative journey my entire life. My fondest recollections from childhood involve creativity in some aspect, whether it was spending time in make believe play, facilitating an art class for the other children in my neighborhood, painting a mural on my bedroom wall, authoring stories, or acting in school plays. Although filled with many delightful memories, my life has not been without its challenges, and I can say with all sincerity that art saved my life and has helped me become a finer human being.

As a self-taught artist, my yearning for creative expression has grown exponentially, leading me to enlarge and enrich my artistic vision. My current focus is on developing a new body of painting and mixed-media work as well as writing an updated and expanded edition of my little book *Art Without End™*. In addition, I am in the process of compiling a collection of my poems.

I find great delight creating art in my home. The space may be small, but I feel fortunate to have a place to let my imagination run free. I am equally enthusiastic to become further involved with the Baltimore City art community and community as a whole. In addition to my own art, it is my deepest passion and enduring joy to support others on their creative journey.

### AUGUST 2018 – PRESENT

#### PEER SUPPORT SPECIALIST AND CREATIVITY IN RECOVERY GROUP FACILITATOR, JOHNS HOPKINS BROADWAY CENTER FOR ADDICTION

Helping peers clarify where they want to go and how they are going to get there, on their own terms and at their own pace. This is accomplished by meeting peers where they are, providing mentorship, and connecting them with resources. In addition, I facilitate a weekly Creativity in Recovery Group for which I develop the curriculum, guiding principles and procedures in cooperation with a credentialed counselor. During group time, under my guidance, peers actively engage the creative process through a broad array of art and creative projects including painting, collage, mixed-media, art appreciation, storytelling, journal writing, poetry, sculpture, working with clay, mosaic, found object art, sketching, art journaling, and expressive drawing. The group held its first art exhibit at the Broadway Center September 2019 to celebrate National Recovery Month. The exhibit was warmly received with positive feedback from staff, patients, visitors, and the Creativity in Recovery group participants. Art projects completed by group members continue to be displayed as both permanent and rotating exhibits.

**OCTOBER 2014 – JANUARY 2017**

**ART PROGRAM DEVELOPMENT AND FACILITATION, ART ALONG THE WAY**

Developed an art program curriculum and facilitated a variety of art, creativity, and wellness related workshops for female offenders. The workshops were designed to encourage and facilitate creativity, mindfulness, communication, contemplation, a sense of purpose and wellbeing. The art projects were shown to increase self-esteem and motivation, help with emotion regulation, build confidence, develop social and life skills such as the willingness to explore, learn from challenges, practice self-reflection, and employ a focused discipline. There was the added benefit of finding satisfaction in following activities through to completion with something tangible to show for the efforts. Participants were provided the opportunity to exhibit their work and once the workshop series was completed, they could be of service by mentoring their peers entering the program.

**OCTOBER 2010 – FEBRUARY 2014**

**CREATIVE DIRECTOR, CREATIVITY CHANGES EVERYTHING**

Developed and led community, group, and individual art/creative workshops and programs. Programs included a monthly family community art night, annual art festival community art activity, a year-long art program for peers in recovery, mental health conference presentations, speaking on the benefits of art and creativity, facilitating a variety of creative workshops throughout the recovery community including the following organizations: National Alliance on Mental Illness (NAMI), Mental Health America, Pennsylvania Mental Health Consumers Association, Bell Socialization Services, Victim Assistance Center, and Community Support Program. Planned, designed, funded, and executed a community Poetry Garden (where a vacant lot stood) in collaboration with local elementary through high school students, teachers, parents, and other local artists. Led art workshops working with clay and collage for Girl Scouts to meet badge requirements. Active resident of Royal Square Arts Neighborhood. Founding member Kings Courtyard Artists' Collective. Provided creativity coaching services to a wide variety of clients including visual artists, writers, and musicians.

**AUGUST 2010 – OCTOBER 2012**

**AMBASSADOR OF CHANGE, MOVEMENT OF CHANGE**

Authored book *Art Without End™* around which I developed and launched my Art Without End™ Creative Quest program. Art Without End™ Creative Quest is a journey of discovery and renewal based on my philosophy regarding the creative process. Guided by the Art Without End™ core principles and using various art media and methods, an ever-unfolding approach to art and life ensues. Designed and launched an Art Without End™ jewelry line, T-shirts, and Healing Art Cards.

**MARCH 2011 – JUNE 2012**

**WARMLINE CALL SPECIALIST, MENTAL HEALTH AMERICA**

Provided peer support, referrals to community services, and referrals for crisis-intervention. Participated in monthly community provider crisis-intervention meetings as a representative of Mental Health America. Compiled reports and implemented changes on the Warmline as needed.

**NOVEMBER 2011 – JANUARY 2014**

**IN OUR OWN VOICE PRESENTER, NAMI**

*In Our Own Voice* is a peer-led program, with state and national training from NAMI, it helps educate people that there is hope, there is recovery for people with mental illness. In Our Own Voice helps educators, law enforcement, medical professionals, patients, and other members of the community to learn more about mental illness.

**35 YEARS OF ADMINISTRATIVE EXPERIENCE**

## **EDUCATION AND TRAINING**

**FEBRUARY 2023 – PRESENT**

**MINDFULNEES MEDITATION TEACHER CERTIFICATION PROGRAM, TARA BRACH, AND JACK KORNFIELD**

**FEBRUARY 2023 – PRESENT**

**CERTIFICATE COURSE IN APPLIED JUNGIAN PSYCHOLOGY, CENTRE OF APPLIED JUNGIAN STUDIES**

**OCTOBER 1, 2022**

**CERTIFIED PEER RECOVERY SPECIALIST, MARYLAND ADDICTION & BEHAVIORAL-HEALTH PROFESSIONALS CERTIFICATION BOARD (MABPCB)**

**NOVEMBER 2019 – NOVEMBER 2020**

**TEACHING ARTIST RESIDENCY TRAINING, YOUNG AUDIENCES OF MARYLAND/ARTS FOR LEARNING**

**AUGUST 2017 – AUGUST 2019**

**PSYCHOLOGY, HARFORD COMMUNITY COLLEGE**

**RECOVERY COACH TRAINING, CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY (CCAR) RECOVERY COACH ACADEMY**

**SMART RECOVERY FACILITATOR TRAINING, SMART RECOVERY ORGANIZATION**

**MENTAL HEALTH FIRST AID, NATIONAL COUNCIL FOR BEHAVIORAL HEALTH**

**ETHICAL CONSIDERATIONS, MARYLAND ADDICTION AND BEHAVIORAL HEALTH PROFESSIONALS' CERTIFICATION BOARD (MABPCB)**

**RECOVERY COACH MENTORING AND EDUCATION TRAINING, MABPCB**

**MOTIVATIONAL INTERVIEWING, TREE OF HOPE**

**ADVANCED MOTIVATIONAL INTERVIEWING**, BEHAVIORAL HEALTH SYSTEMS  
BALTIMORE

**WELLNESS RECOVERY ACTION PLAN TRAINING**, CHESAPEAKE VOYAGAGERS

**LEAP COURSE**, DR. XAVIER AMADOR, LEAP INSTITUTE

**RECOVERY COACHING AND ETHICAL CONSIDERATIONS**, UNIVERSITY OF  
MARYLAND

**SPIRITUALITY FOR RECOVERY COACHES**, CCAR

**EMOTIONAL CPR**, NATIONAL EMPOWERMENT CENTER

**STIGMA AND BEHAVIORAL HEALTH: WHY IT MATTERS AND WHAT YOU CAN DO,  
ON OUR OWN OF MARYLAND**

**DOORS TO WELLBEING**, COPELAND CENTER

**CREATIVITY COACH CERTIFICATION**, MARNEY MAKRIDAKIS, ARTBUNDANCE™

**MEANING COACH TRAINING**, DR. ERIC MAISEL

**PENNSYLVANIA SCHOOL OF SPIRITUAL HEALING**, YORK, PA

## **QUALITIES**

- Compassionate
- Creative
- Empathetic
- Determined
- Dedicated
- Flexible
- Encouraging
- Organized

## **ADDITIONAL INFORMATION**

I have been in active recovery from mental illness and substance use disorder since 2009. My recovery and wellbeing are a priority in my life. It is my heart-felt desire to be a positive influence on my peers in recovery and to be a valuable member of my community.

My short-term goals are to keep painting, obtain my Artist in Health certification, and increase my visibility as a teaching artist.

My mid-range goal is to promote equity through creative opportunities offered in the Baltimore community.

My long-term goal is to open a community resource featuring a combination gallery/studio/boutique.

## **AFFILIATIONS**

Teaching Artists of the Mid-Atlantic

National Organization for Arts in Health

International Expressive Arts Therapy Association

National Alliance on Mental Illness, Metro Baltimore Affiliate

Baltimore Recovery Corps